

WHOLE WHEAT

The truth is simple...just simply not known.

A P U B L I C A T I O N F O R B I B L I C A L U N D E R S T A N D I N G

W h a t i s F r e e d o m ?

To Satan, freedom is doing what you want. How many wars have been fought for freedom? How many people in the past have died for freedom? With all the wars that have been fought for freedom, does the world enjoy peace? What does God's word say about freedom and wars?

James 4:1-4 talks about this; 'What is the source of quarrels and conflicts among you? Is not the source your pleasures [your self-interest] that wages war inside your body? You lust [covet] and do not have; so you commit murder. You are envious and cannot obtain [have your own way] so you fight and quarrel. Even when you pray to God for things, you ask with wrong motives, so that you may spend it on your own pleasures [because you want what you want for self]. You adulteresses, do you not know that friendship with the world is hostility toward God? [When you continue to live selfish, inward lives, you are continuing to live like the world lives]. Therefore whoever wishes to be a friend to the world makes himself an enemy of God.' [This, then, is the same as committing adultery against God.]

Nations fight and kill each other for the same reasons—sin and human nature. **Jesus was sent to this world to show man how to escape from this human nature, which has kept him enslaved by the devil. Man is being held captive by Satan to do his will** (2 Tim. 2:26). Jesus said to seek the truth and you will be set free from your present nature which is evil, compared to God's nature which is righteous and pure.

Seek the truth [God's word] and it will set you free from all religious error which grips the world. **Seek the truth and it will set you free from Satan who has deceived the whole world** (John 8:32; Rev. 12:9).

By daily study of God's word by subject, you not only can prove that God exists but also

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 [To learn more about studying the Bible click here.](#)

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What is Freedom?

that He rewards those who diligently seek Him (Heb. 11:6). You will find God's word to be a true history of man and that the world is full of pagan, godless lies, which are being taught to your children in schools and colleges.

For example, your children are being taught that writing, and the writing of books, did not occur until a recent date and as a result, books were not available to people long ago. However, in Halley's Bible Handbook, an article is written on page 5 called: "Libraries in Abraham's Day and Schools in Abraham's Day." We all know that Enoch wrote several books in his day, and he lived seven generations after Adam and Eve. That book of Enoch is still available today!

'True knowledge comes from God above.'

Man's thoughts are being controlled today; and he is being fed rubbish. 1 Corinthians 3:19 says that the knowledge of this world is foolishness to God. It is of the earth and is demonic (James 3:15). True knowledge comes from God above. When you obey God, He not only gives you true knowledge but also wisdom for the asking.

Freedom comes from keeping laws—God's laws. When you keep God's laws, He

protects you from harm, feeds you in times of famine, protects you from disease, blesses everything you put your hand to do, gives you a long life filled with joy, peace, prosperity and eternal life (Psalm 91:1-16; Deut. 30:15; Psalm 25:13; 37:11)! You keep God's laws in the Spirit by continually doing good.

Freedom comes from knowing the truth. Freedom comes from practicing the truth. Freedom comes from getting rid of your old evil nature and having Christ's new nature (which He has waiting for you) formed in you (Gal. 4:19; 2 Peter 1:4).



'Being a servant of others is imitating Jesus Christ.'

He who loves his neighbor has fulfilled the law. You love others and fulfill that law when you only live to do good to others and serve and help them whenever you have the opportunity. Being a servant of others is imitating Jesus Christ (1 Cor. 11:1; Rom. 15:2-3).

'Jesus also said that those who would be followers of His would do more deeds of kindness than He did.'

What is Freedom?

Halley's Bible Handbook also describes how Jesus Christ lived and gave us example to live. On page 20, it says: "As a man, He lived the most beautiful life ever known. He was the kindest, gentlest, most tender, most patient, most sympathetic man. He loved people. He hated to see people in trouble. He loved to forgive. He loved to help. He fed hungry people. It is said of Him, in John 21:25, that if all the deeds of kindness He did were written, the world could not contain the books." Jesus also said that those who would be followers of His would do more deeds of kindness than He did (John 14:12).

It is this precious Way of life that Jesus came to show mankind, which is called the Way of righteousness. This is true freedom. It is also the directions to eternal life (John 12:47-50; Matt. 21:32).

'Anyone who will not obey Jesus' words will be utterly destroyed from among the people in the future.'

Jesus delivered to us the words of the Father, as He was prophesied to do in Deuteronomy 18:15 and 17-19. Anyone who will not obey Jesus' words will be utterly destroyed from among the people in the future (Acts 3:23). I think Jesus was serious when He said that unless we repent and keep His words, we will perish (Luke 13:3, 5; John 8:51).□

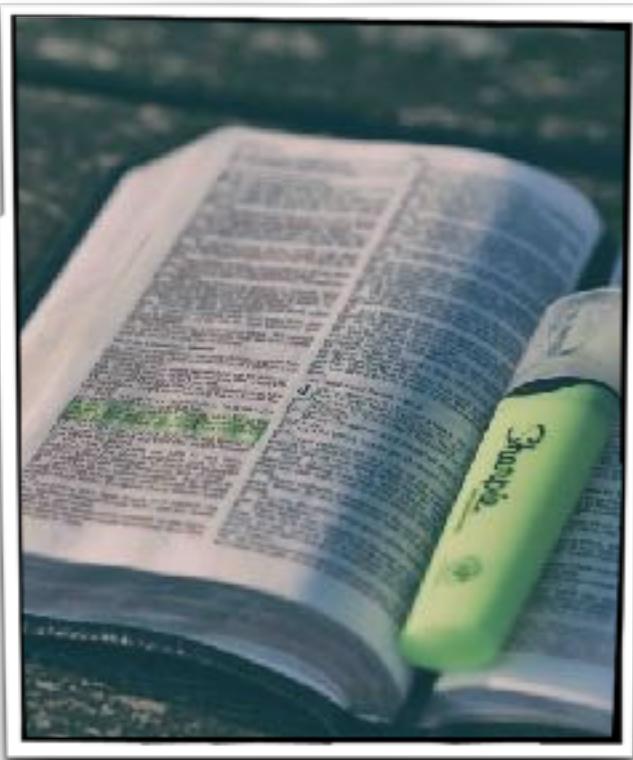
'IT IS THIS PRECIOUS WAY OF LIFE THAT JESUS CAME TO SHOW MANKIND, WHICH IS CALLED THE WAY OF RIGHTEOUSNESS. THIS IS TRUE FREEDOM.'

**MISCONCEPTIONS
VS.
TRUTH**

"There is nothing required for repentance."

The truth is...

How to Study



Many people simply read the Bible and think that is considered studying God's word. But when you study the Bible, you should look for answers to questions. What does the Bible say about dancing, drinking, salvation or overcoming? What is God's Will? How do you clothe yourself with Jesus Christ, abide in Jesus Christ or walk like Jesus Christ? How do you keep His works? How do you pray? How do you repent? How do you overcome? How do you live to please God?

'Remember always, the Bible has answers to all of life's problems, but you must study and search for the answers.'

There is a kind of study in which you keep learning but never come to the knowledge of

the truth (2 Tim. 3:7). Don't fall into that life-long trap. Remember always, the Bible has answers to all of life's problems, but you must study and search for the answers.

You should have a Bible translation that is easy to understand, such as the New American Standard Version. It is ideal to have the old King James Version at hand also. [i To learn more about the best Bible translations click here.](#)

'If you make the Bible your friend and constant companion, and put Jesus' words into practice, it will save your life.'

It is important to highlight the Scriptures or to mark them in some way when you study them. It helps you become more familiar with God's word and your Bible becomes much more familiar to you. If you make the Bible your friend and constant companion, and put Jesus' words into practice, it will save your life.

Always have a notebook and pen when you study your Bible. You can use coloring crayons, gel or dry highlighters, to mark your Bible. They do not bleed through the page.

[i For step-by-step instructions on the best way to study your Bible click here..](#)

'Study by subject and it won't be long before you will be well-informed on what the Bible really says.'

How to Study

Learn to use a Bible concordance to find all the Scriptures pertaining to a given subject. Study by subject and it won't be long before you will be well-informed on what the Bible really says. You may purchase the books you need from a used bookstore for a small price. *Whole Wheat* Bible Studies were created for the sole purpose of helping others know their Bibles well. Feel free to [email us](#), if you have subjects you would like to know more about.

'Repenting includes Bible study, prayer and committing all your ways to the Lord...'

Salvation is a free gift but it only goes to those who repent daily. Repenting includes Bible study, prayer and committing all your ways to the Lord; pleasing God in everything you think, say and do; and not getting weary in doing

good for God (Col. 3:17; Gal. 6:9; 2 Thess. 3:13).

'The world needs good examples of how to overcome.'

God wants a new creature or person (Gal. 6:15). He wants you to change for the good. The world needs good examples of how to overcome. The whole world is waiting for you to show them that God's Way are very easy and very pleasant like Jesus said (Matt. 11:30). So why not put God first every day by studying His word? Then, show yourself approved by God so He can change your life for the good, as you continually live a life of doing good like Jesus said you should (1 Cor. 3:7; Luke 6:38; Acts 9:36; 10:35, 38; 1 Peter 3:13; 3 John 11). □



Word I Have Hid in My Heart ❤

"Thy word have I hid in mine heart, that I might not sin against Thee" (Psalm 119:11 King James Version). This is some very precious wisdom from God's word. Before we can hide His word in our hearts, we need to know what His word says. In order to know it, we need to study and search the Scriptures (2 Tim. 2:15 King James Version). **We need to find out what the Lord is trying to show us in His word from the beginning to the end.**

Let's look at the beginning in Genesis 4:7 where the Lord told Cain, "If you do well [do good], will not your countenance be lifted up [you will feel good about yourself]? And if you do not do well, sin is crouching at the door; and its desire is for you, but you must master it." Yes, just as the Lord told Cain, He is telling us. **We must master sin. We do this by doing what it says in Romans 12:21:** "Do not be overcome by evil, but overcome evil with good."

Looking at the life of Abraham, one of our forefathers, we see a man of God practicing acts of righteousness [good deeds]. He was pleasing to the Lord by being upright in all his ways. He practiced justice and honesty towards his fellow man (Gen. 18:19). **Some good examples of justice and honesty for us to follow are: Keep our word; be on time; pay our bills; do no harm to our neighbors but do only good to them.** Abraham obeyed God and lived by faith (Heb. 11:8). Without faith, it is impossible to please God, and without works—yes, good deeds for God—faith cannot exist (Heb. 11:6; James 2:26). Read James 2:14-24 to see how Abraham was justified and righteous in God's sight.

Another man of God in the Old Testament was Job. In Job 29:12-17, it tells how Job lived and imitated the Lord. **He helped the poor, the orphans, the widows, the blind, the lame and the needy.** Job put on righteousness. Yes, he practiced doing good to anyone who crossed his

path who needed help or cheering up. Job's righteousness clothed him, which means it was part of him every day in all he thought, said and did.

As we continue to search the Scriptures, we find in the New Testament a tremendous man of God who taught and preached righteousness—the same Way of life taught to Cain, Abel, Abraham, Job and many others. This man was the Apostle Paul, who traveled about teaching others how to live to please God daily. He was a direct representative of Jesus Christ - the Son of God - who came to show us, and confirm for us, that **we should live by every word that comes out of the mouth of God** (Deut. 8:3; Matt. 4:4).

During His life, Jesus taught the Way of righteousness, justice and love that men of God in the Old Testament lived and as a result, they were very blessed by God. Jeremiah 6:16 says to stand by the Ways of the Lord and see and ask for the "ancient paths" where the good Way is and walk in it. You will find rest for your souls. Then, see Matthew 11:28-30, "Come to Me all who are weary and heavy laden and I will give you rest. Take My yoke upon you and learn from Me and you shall find rest for your souls." God is the same yesterday, today and forever (Heb. 13:8). **Jesus Christ was the supreme sacrifice for all mankind.** He made it possible for us to live this righteous Way of life and receive His Spirit. If we are obedient to His word by practicing His Ways, then His blood covers our sins (1 Peter 1:2; 1 John 1:7).

Let's live by every word that comes out of the mouth of God and hide His precious word in our heart as King David did so that we might not sin against God (Psalm 119:11 KJV).

Your Sister in Christ,

Karren

 [For a special collection of 'Woman to Woman' articles click here.](#)

Letter From the Editor

Dear Whole Wheat Readers,

I am so pleased to bring you this issue of *Whole Wheat*, all about the importance of studying the Bible. Daily study is one of the most important things in a person's walk with God - in order to seek for His Kingdom and prove to yourself what His Will is. So important, that Jesus mentions it, in His prayer, in Matthew 6:11, *yet*, it is neglected in most people's lives today.

When our founder, Ron, taught me how to live a righteous Way of life before God, I had no idea how to study the Bible then - even though I went to a Biblical college. He taught me the how, why and wisdom of studying the Bible by subject. When I studied, the way he showed me, the Bible became a treasure chest of life that I opened every day, extracting its precious gems of truth. I was given the ability, knowledge and tools - to discover for myself - the subjects of the Bible and could see the whole picture, that in earlier times I only had a partial understanding of. This, unfortunately, is the state of many Christian's today. I would use the [!\[\]\(feabb98897b440bc8695a03336a6e2df_img.jpg\) *Whole Wheat Bible studies*](#) as a starting point and guideline for my studies. I found it daunting to approach the Bible with no particular direction, being it can be so broad. So the beauty of the [!\[\]\(c7f935293d8062fa748ed86b74d28761_img.jpg\) *Whole Wheat Bible*](#)

studies was it gave me a general picture and understanding of a subject, and I could go on to look into a subject further, if I wanted.

The techniques that I was shown, and used, 30 years ago I still use today! The only thing that has changed is technology. It has made daily Bible study so much faster using a computer and [!\[\]\(83f22ed94ec5517769dd76d702c6bfd8_img.jpg\) *wholewheatonline.com*](http://wholewheatonline.com). Yet, I still crack open my old concordance and use it often, seeing the highlights I made 30 years ago.

The Bible warns those who hate the knowledge of God (Prov. 1:22, 29). Yes, God calls these people stupid who are devoid of God's knowledge (Jere. 10:14; 51:17). God wants us to have a love of the truth so as to be saved (2 Thess. 2:10). That love of the truth is studying our Bible daily and then putting it into action in our lives. By doing this it becomes more than a habit, it becomes a love affair with God, His Word and His Ways. All I was taught 30 years ago, is in this issue (*and hyperlinks!*)! I hope you start, on your own path, of studying today. It is the greatest journey, and calling, a man can undertake.

In His Love,

Scott

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Or mail to: Whole Wheat, P.O. Box 26217, Minneapolis, MN 55426

Start Your Day in a Spiritual Way

The word of God says if we walk in the Spirit, we will not carry out the evil desires of the flesh (Gal. 5:16). That means, **if we live only to please God, every day, we won't carry out the evil desires of the flesh.** If we walk in the Spirit, then we will live as Jesus lived, imitating God daily (Eph. 5:1; 2 Cor. 3:17).

Set aside at least 15 minutes to do a Bible study each morning. Take time for God and He will bless everything you put your hand to do. **You are really honoring Him when you put Him first each day.** Wouldn't you agree? You must resist Satan when he tries to convince you that you don't have time to study your Bible for God each day (James 4:7). When you resist Satan, you will crucify the flesh with its evil passions and desires (Gal. 5:16, 24; Rom. 8:13).

Ask the Lord to guide you through the day and to keep you busy in a spiritual way. Live to please only Him in your work and in your leisure. When you go to work, look for those who need to be cheered up

'Take time for God and He will bless everything you put your hand to do.'

and do what you can to help. Maybe you can bring some fresh rolls to work to share with others. Buy someone coffee if you have a chance. Compliment people when they make an effort to look nice for others, or just lend an ear to someone who has troubles. One of the main reasons people attempt suicide is that they feel nobody cares.

The true disciple of Jesus Christ, living in a spiritual way, brightens the day of those around him who are in despair.

A true disciple of Jesus Christ will study God's word each day in order to allow the Lord to speak to him. This is how you show yourself approved by God (2 Tim. 2:15). This is how you please Him and obey Him. You prove that you love God by putting Him first in your life (Matt. 6:33; John 15:8).

You know the right thing to do (James 4:17). Now you must force yourself into God's kingdom by disciplining yourself accordingly (Luke 16:16). **This is how to start your day in a spiritual way.** □

CLICK HERE TO SEE THE INSPIRING BIOPIC OF OUR FOUNDER!



MAN OF GOD IN OUR MIDST

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